

# FACTSHEET

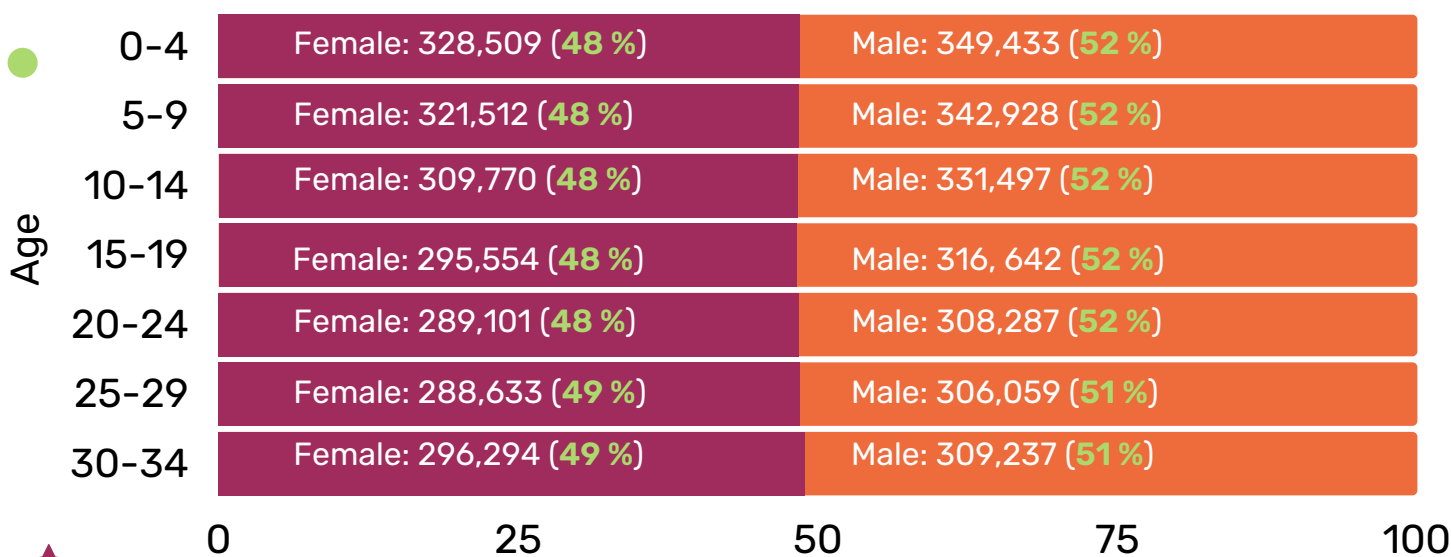
ACT4FOOD  
ACT4CHANGE

## Youth in the World

### DEFINITION

- There is no single definition of youth.
- United Nations defines anyone between the ages of 15-24 as a youth.
- In some countries, individuals until the age of 35 years are considered youth.

The youth population is expected to grow by **7%** to 1.3 billion by 2030.



Population of Young People by Age and Sex (2020).

### Where do most young people live?

#### Population ages 0-14 (% of the total population) 2020



**Niger**  
50%



**Mali**  
47%



**Chad**  
46%



**Angola**  
46%



**Somalia**  
46%

#### Population ages 0-14 (Number) 2020



**India**  
361,018



**China**  
248,340



**Nigeria**  
89,645



**Pakistan**  
76,914



**Indonesia**  
70,941

### Social Status of Young People



**39 million** children under 5 were overweight or obese in 2020



Zero vegetable or fruit consumption (6-23 months age) - **44%** (2018)



Underweight at birth - **29%** (2018)



Youth Unemployment (15 - 24) : **15.3%** (2019)



**258 million** children and youth are out of school (2018)

**TAKE ACTION**  
[actions4food.org](http://actions4food.org)  
[actions4change.org](http://actions4change.org)



Data Sources:  
World Bank, UNDESA, UNESCO, UNICEF, WHO, UNFPA November 2021

